

Spas

Ecuador is nestled in the picturesque high peaks of the Andes mountain range the second highest mountain range in the world. The entire country contains 19 volcanoes. Most of these volcanoes lie in the eastern part of the Guayllabamba river basin where eight of the volcanoes are located. Some of the most beautiful volcanoes in this part of the country include the Cotopaxi, Antisana, Sincholagua, Cayambe, Illinza, Atacazo, Pichincha and the Pululahua. The Cayambe volcano is of particular interest in this region as it is the only volcano in the world that lies directly on the equator. The Cayambe last erupted in the year 1786 this mountain volcano that acts as the east- northeast wall of Quito provides some breath taking and mesmerizing views with its permanent snow cap and glaciers. Quito is the only capital of a country in the world that lies in close proximity to an active volcano. Just at a distance of 13 miles from the city, the Guaga Pichincha has continuing activity and is under constant monitoring.

Hot Springs of Ecuador: The stretch of the Andes in Ecuador has numerous volcanic mountains and it is not surprising that along these volcanic regions houses hundreds of natural hot springs. The hot springs also called as the thermal springs are resulted by the volcanic activity that gives rise to the recently formed hot igneous rocks. This acts as a blessing for the land as thousands of tourists flock to this destination from across the world throughout the world. The Termas de Papallacta is one of the most famous hot springs in Ecuador. This volcanic site is a constant source of natural mineral, crystalline, hyperthermal, hypertonic, sulfate and alkaline waters that are of volcanic origins. All this make Termas de Papallacta an ideal spot for massage and aromatherapy services for its visitors. Apart from that the Termas de Papallacta prides of being the best hot springs in Ecuador nestled in the scenic beauty of the majestic Antisana glacier. Other than the Papallacta, the Vilcabamba, Imbabura and Machachi provides some of the best and ideal sites for hot springs and the related tourism activities.

Spas in Ecuador: In Ecuador, many of the popular thermal springs are converted into resort areas to boost tourism in the country. The hot springs typically provides services like the mineral water baths, mud baths and a host of other facilities. Most of the hot springs are converted to natural spas in Ecuador are they nothing more than little widening of the small volcanic rivulets. However, they offer a welcoming ease to the travelers and certainly they do offer more than urban spas as these do not possess the natural thermal springs. Virgin clay treatments, wraps, mud baths colonics with coffee are some of the prominent attractions of these popular hot springs that always urges the visitors to make a comeback to these spots. Keeping the considerable rise in tourist influx to these spots, many spas came into existence in the recent years. These act as the perfect and ideal destination for visitors who prefers to unwind and pamper themselves in the luxuries of urban spas.